




Erie County Stay Fit Dining Program

Standard Menu

May 2021



Monday	Tuesday	Wednesday	Thursday	Friday
3 Cheese Omelet with Peppers, Onions, Tomatoes & Cheese Sauce Tater Tots Raisin Bread Fruit Compote (777)	4 Rigatoni with Italian Sausage & Tomato Sauce Broccoli <i>Chef Salad with Dressing</i> Dinner Roll Peach Bavarian (746)	5 Mother's Day Lunch Chicken Cordon Bleu with Herb Cream Sauce Rice Pilaf Brussels Sprouts Dinner Roll <i>Chef Salad with Dressing</i> Cheesecake with Strawberry Topping (1040)	6 Breaded Pork Chop with Gravy Lazy Pierogi Carrots Whole Wheat Dinner Roll Pineapple & Mandarin Oranges (678)	7 Entrée Salad Tuna Macaroni Salad on a Bed of Fresh Salad Greens Club Crackers Fresh Apple <i>Chocolate Milk</i> (774)
10 Breaded Chicken Breast with Herb Gravy Spanish Rice French Bean Medley Dinner Roll Fresh Orange <i>Chocolate Milk</i> (656)	11 Stuffed Shells with Tomato Meatsauce & Mozzarella <i>Chef Salad with Dressing</i> Cauliflower Italian Bread Shortbread Cookies (841)	12 BBQ Pork Ribette Scalloped Potatoes Peas with Red Pepper Dinner Roll Chocolate Bavarian (866)	13 Entrée Salad Cranberry Chicken Salad on a Bed of Fresh Salad Greens Club Crackers Orange Sherbet (703)	14 Roast Beef with Horseradish & Gravy on a Bun Mashed Potatoes Mixed Vegetables Strawberry Gelatin with Fruit (773)
17 Ham Steak with Pineapple Topping Sweet Potatoes Creamy Dill Cabbage Whole Wheat Dinner Roll Shortbread Cookies (692)	18 Beef Stew with a Biscuit Brussels Sprouts <i>Chef Salad with Dressing</i> Cinnamon Applesauce (683)	19 Cheese Tortellini with Chicken & Cream Sauce Carrots <i>Chef Salad with Dressing</i> Italian Bread Fresh Orange <i>Chocolate Milk</i> (693)	20 Turkey with Gravy & Cranberry Sauce Garlic Mashed Potatoes Green Bean Casserole Wheat Bread Strawberry Bavarian (621)	21 Stuffed Pepper with Tomato Meatsauce Mashed Potatoes Broccoli Dinner Roll Fruit Compote (658)
24 Polynesian Chicken over Rice California Blend Vegetables Zucchini & Summer Squash Chocolate Cake with Chocolate Frosting (773)	25 Entrée Salad Julienne Salad with Classique Dressing Whole Wheat Dinner Roll Tropical Fruit (621)	26 Roast Beef with Horseradish & Gravy Cheesy Mashed Potatoes Carrots Deli Rye Bread Fresh Banana <i>Chocolate Milk</i> (893)	27 Breaded Chicken Drumsticks Seasoned Spinach Harvard Beets Cornbread Mandarin Oranges (692)	28 Memorial Day Lunch Steakhouse Burger with Steak Sauce Corn on the Cob California Vegetable Blend <i>Potato Salad</i> Wheat Dinner Roll Cherry Pie with Whipped Topping (1034)
31 No Meals Served 	1 Breaded Chicken Breast with Buffalo-style Sauce on a Bun Fiesta Corn Broccoli Chocolate Chip Cookies (782)	2 Turkey with Stuffing & Gravy <i>Molded Cranberry Salad</i> Mashed Sweet Potatoes Peas Fresh Apple (769)	3 Entrée Salad Low-fat Cottage Cheese with Mandarin Oranges & Pineapple on a Bed of Fresh salad Greens with Classique Dressing Whole Wheat Crackers Chocolate Mousse (593)	4 Roast Pork with Warm Cinnamon Apples Mashed Potatoes Carrots Wheat Bread Frosted Spice Cake (770)